Rural Clinics Carson City (RCCC) Intern Weekly Schedule

As can be seen in the accompanying RCCC Intern Sample Schedule,” the intern at Rural Services Carson City (RCCC) will experience a range of training activities in variety of settings both on and off the RCCC campus. Like interns in all NV-PIC internship sites, the RCCC intern will have the following mandatory consortium-wide training activities:

* Tuesday Didactics from 8:30 to 10:30
* Tuesday Peer Professional Development Group from 11:00-12:00
* Thursday Group Supervision from 3:00-5:00
* Monthly Brown Bag Lunch
* Monthly Research Meeting

In addition to those consortium-wide training experiences the RCCC intern will have the following weekly training opportunities:

* Two hours of participation in the weekly staff meeting (which includes clinical discussion)
* Three hours co-facilitating Group Psychotherapy at the Rural Regional Center (RRC)
* Additional opportunities are available to do groups at RCCC such as Seeking Safety, Acceptance and Commitment Therapy, Dialectical Behavioral Therapy, Mindfulness and Dually Disordered.
* One hour of supervision with the primary supervisor
* One hour of supervision with assessment supervisor
* One half to one hour of secondary supervision with the RRC supervisor.
* Twelve to fifteen hours of conducting individual outpatient psychotherapy
* One or two day rotation at RRC working with individuals who have developmental disabilities.

**RCCC Intern Sample Schedule**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 8-9am | Individual Outpatient Psychotherapy | Computer/Paperwork  Notes | Secondary Individual Supervision at the RRC | Checking email/notes  Staff Meeting at 8:15 | RRC Individual Outpatient Psychotherapy |
| NV-PIC Didactic | Staff Meeting |
| 9-10am | RRC Eligibility Review Committee review and documentation & notes |
| 10-11am | Individual Outpatient Psychotherapy |
| Computer/Paperwork  Notes |
| 11am-12pm | Primary Individual Supervision | NV-PIC  Peer Professional Development | RRC Individual Outpatient Psychotherapy |
| 12-1pm | Lunch | RCCC Brown Bag Lunch (1x/month) | Lunch | NV-PIC Brown Bag Lunch (1x/month) | Lunch |
| 1-2pm | Individual Outpatient Psychotherapy | Individual Outpatient Psychotherapy | RRC Eligibility Review Committee review and documentation & notes | Individual Outpatient Psychotherapy | RRC Testing/Report Writing/Client Notes |
| 2-3pm | Computer/Paperwork  Notes | RRC Individual Outpatient  Psychotherapy | Individual Assessment/Child and Family Supervision |
| Psycho-Educational  Group (goes until 5:30 pm) |
| 3-4pm | RRC Eligibility Review Committee | NV-PIC  Group Supervision |
| RRC Eligibility Review Committee/Monthly Research Meeting |
| 4-5pm | RRC Notes & Report Writing/Monthly Research Meeting |
| RRC Notes & Report Writing | (Leave at 4:30) |